

Agility Self-Assessment

Reflect on each statement. Select your response for each, then review your agility score.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
Awareness and Readiness					
I keep myself updated on industry trends and emerging technologies.					
I regularly review and update my skills.					
I am comfortable with ambiguity and rapid change.					
I adapt my strategies when initial plans don't work.					
I inspire others with my calm confidence in the face of change.					
Risk Taking					
I am willing to take calculated risks.					
I learn from my failures and see them as opportunities.					
I like to experiment and try new things; I don't stay in my comfort zone.					
Collaboration					
I seek diverse perspectives before making decisions.					
I am open to feedback and act upon it to improve.					
I invite others to share their ideas, opinions, and solutions.					
I seek ideas, advice, and feedback from outside my own team.					
Data Driven Decision Making					
I use data to inform my decisions.					
I take action fast and am willing to pivot in the face of new information.					
I seek solutions even when additional budget is not available.					
I make decisions decisively and as quickly as I can.					

Agility is a skill that can be developed over time with conscious effort and a willingness to learn and adapt. Use this feedback as a guide for your continuous professional development.

61-75 Highly Agile

- Your results indicate a strong ability to adapt to change, embrace new challenges, and thrive in dynamic environments. You're well-equipped to navigate complexity with flexibility and a forward-thinking mindset. Continue to harness and refine these skills to maintain your edge and inspire agility in others.

51 - 60 Agile

- Your score reflects that you are agile, with a solid capacity to adjust and respond to changes effectively. You have demonstrated a good level of adaptability and a readiness to evolve. Keep building on this foundation by seeking new experiences and opportunities for growth to enhance your agility further.

41-50 Moderately Agile

- You are moderately agile, showing that while you have a foundation in place for adaptability and resilience, there is room to grow. Focus on areas where you can become more comfortable with uncertainty and change period. Consider strategies to enhance your flexibility, such as engaging with diverse thought processes and challenging conventional approaches.

31 – 40 Needs Improvement

- Your assessment places you in the needs improvement range, indicating that developing greater agility could be beneficial. Consider exploring new ways to build your adaptability and resilience. Learning from feedback, embracing opportunities to step outside your comfort zone, and actively seeking diverse perspectives can be excellent starting points.

16 – 30 Low Agility

- Your score suggests low agility, highlighting a need for substantial development in this area. This is an opportunity for growth. Reflect on the challenges that change presents and identify steps you can take to become more open and responsive to new situations. Professional change management and problem-solving development may provide valuable skills to enhance agility.